

*Nipissing University and
The North Bay Nordic Ski Club
are proud to host the:*

***Nipissing Nordic/North Bay Nordic
Northern Ontario Division
NOD Invitational
Nordic Ski Race***



Saturday February 10, 2024

Schedule of Events:

Saturday, February 10, 2023

12PM Classic technique, 700m, Individual Qualifiers

12.45PM U12/U14 1X700m heats per skier, mixed gender and age categories

1PM U16/U18 3x700m heats, mixed gender and age categories

2PM U20 and Open 4X 700m heats per skier, mixed gender and age categories

**Teams will be set by qualifier results, e.g. 1st and 30th, 2nd and 29th, etc.
A and B Finals of 15 teams as necessary
Awards by age and sex categories from qualifier results**

Sunday, February 11, 2023

BlueSky Loppet at North Bay Nordic

Local Organizing Committee:

Chief of Competition: Andrew Rees
Chief of Timing: Henning Helms
Chief of Start: Geoff Hartley
Chief of Course: Toivo Koivukoski
Chief of Stadium: Jeff Scott

Coaches Meeting:

Friday, February 9, 7:00 pm

Lakers Nordic is inviting you to a scheduled Zoom meeting.

Topic: NOD Race Team Leaders Meeting
Time: Feb 9, 2024 07:00 PM America/Toronto

Join Zoom Meeting

<https://us02web.zoom.us/j/88263019896?pwd=bmhsSGdNdINkMGdKL2d6TG1OcGhGdz09>

Meeting ID: 882 6301 9896
Passcode: 1Lknei

One tap mobile

+13052241968,,88263019896#,,,,*102699# US

+13092053325,,88263019896#,,,,*102699# US

Dial by your location

- +1 305 224 1968 US
- +1 309 205 3325 US
- +1 312 626 6799 US (Chicago)
- +1 346 248 7799 US (Houston)
- +1 360 209 5623 US
- +1 386 347 5053 US
- +1 507 473 4847 US
- +1 564 217 2000 US
- +1 646 558 8656 US (New York)
- +1 646 931 3860 US
- +1 669 444 9171 US
- +1 669 900 9128 US (San Jose)
- +1 689 278 1000 US
- +1 719 359 4580 US
- +1 253 205 0468 US
- +1 253 215 8782 US (Tacoma)
- +1 301 715 8592 US (Washington DC)

Meeting ID: 882 6301 9896

Passcode: 102699

Find your local number: <https://us02web.zoom.us/j/kcMRAS3e4g>

Coaches please ask Toivo - toivok(at)nipissingu(dot)ca – if you have any bus parking needs or other site-related questions.

Official Training Schedule:

Friday, February 9

The race courses will be marked and groomed for classic technique at Nipissing University campus trails. There are no fees to use the trails at Nipissing University.

Saturday, February 10

The race course will be marked and groomed for classic technique at Nipissing University

Race Office Schedule:

Saturday, *February 10*, 10:00AM to 12 noon at Nipissing University Main Cafeteria (depending on stadium- whether campus pond or P8; if the latter, then the race office will be at the P8 trailhead)

Event Distances and Format

Category		Saturday Classic Team Sprints Nipissing University Campus Trails					
		<i>Distance</i>	<i>Heat Laps</i>	<i>Trail</i>	<i>Qualifier</i>		
Varsity Women		700 m	4	Short sprint	700 m		
Varsity Men		700 m	4	Short sprint	700 m		
Alumnae Women		700 m	4	Short sprint	700 m		
Alumni Men		700 m	4	Short sprint	700 m		
Open Women		700 m	4	Short sprint	700 m		
Open Men		700 m	4	Short sprint	700 m		
U20 Women		700 m	4	Short sprint	700 m		
U20 Men		700 m	4	Short sprint	700 m		
U18 Girls		700 m	3	Short sprint	700 m		
U18 Boys		700 m	3	Short sprint	700 m		
U16 Girls		700 m	3	Short sprint	700 m		
U16 Boys		700 m	3	Short sprint	700 m		
U14 Girls		700 m	1	Short sprint	700 m		
U14 Boys		700 m	1	Short sprint	700 m		
U12 Girls		700 m	1	Short sprint	700 m		
U12 Boys		700 m	1	Short sprint	700 m		

Category awards are on offer for individual qualifier times.

Courses and Distances are subject to change depending on conditions.

Registration

Registration will be handled exclusively online with Zone4 (www.zone4.ca). Entries after Thursday, February 8, 12 noon will not be accepted.

Confirmation and start lists will be posted at www.zone4.ca and will also be provided at the coaches meeting on Friday, February 9. Note that confirmation lists on www.zone4.ca cannot reflect any post-registration changes so it is important to check with the race office if you have requested any changes.

Race Fees are \$10 per race for U12, U14, and U16 racers, and \$20 per race for all other categories.