## Email Registration

Information required for each athlete.

| Email*: |  |  |  |  | Categories |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | 1k | 3k | 9 k | 18k |  |
|  |  | Member fees |  |  | \$2.00 | \$2.00 | \$5.00 | \$5.00 |  |
|  |  | Non-Member fees |  |  | \$5.00 | \$5.00 | \$10.00 | \$10.00 |  |
| Athletes |  |  | Gender | Member |  |  |  |  |  |
| Name | First name | YOB | M/W | Y/N | Mark your race distance with " C " or " F " for classic or free techniques |  |  |  | Fee |
|  |  |  |  | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  | - | - | - | - | - | - |  |
|  |  |  |  |  | Total fee for registration \$ |  |  |  |  |

Send your filled registration to henning.helms@gmail.com
Please send your registration fees by e-transfer to henning.helms@gmail.com
*Email must match the registered e-transfer address. Not required for cash payments.
Cash payments will be accepted at bib pickup on race day.

