

Email Registration

Information required for each athlete.

Email*:					Categories]
				-	1k	3k	9k	18k	
		Member fees			\$2.00	\$2.00	\$5.00	\$5.00	
		Non-Member fees			\$5.00	\$5.00	\$10.00	\$10.00	
		_	_						
Athletes			Gender	Member					
Name	First name	YOB	M/W	Y/N	Mark your race distance with "C" or "F" for classic or free techniques				
Total fee for registration									

Send your filled registration to henning.helms@gmail.com

Please send your registration fees by e-transfer to <u>henning.helms@gmail.com</u>

*Email must match the registered e-transfer address. Not required for cash payments.

Cash payments will be accepted at bib pickup on race day.