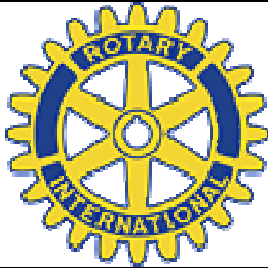


# for immediate release



Rotary Club of North Bay presents  
**Kilometres for Kids**  
**Saturday, March 13, 2010**  
**Location: North Bay Nordic Ski Club**

## Events

**Omelet Station**  
 9 am – 12 noon

### **Build your own Omelet Station**

by – *Joso's @ the Best Western North Bay, Sous Chef Eric Fleming*

**Only \$5 – Fresh Omelets made to order**

**All proceeds directed to Rotary's Kilometres for Kids**

**Kilometres for Kids**  
 9 am – 12 noon

### **Ski or Snowshoe**

Determine your own distance and trails...it's a low impact morning of skiing or snowshoeing. Complimentary trail passes, Snow Shoes and skis are available courtesy of the North Bay Nordic Ski Club. Now that's a deal!

**Collect Pledges...**

or...

For as little as \$10 in pledges you can ski or snowshoe to help raise the money needed to assist the work of Rotary here in North Bay and area. Every dollar raised goes toward the **Rotary for Kids** program.

**Pay only \$10...**

**and ski or snowshoe!** Remember, all money collected goes directly to the **Rotary for Kids** program.

**You could win...**

For every \$50 you raise, your name is entered in a draw for great prizes donated by Bigwood Sporting goods, Best Western North Bay, Holiday Inn Express North Bay and Travelodge Airport. **All ski and snowshoe equipment and trail fees are provided by our sponsors...North Bay Nordic.**

**Contact...**

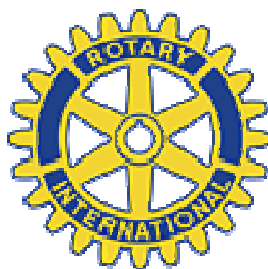
For further information and interviews contact Rotary's **Kilometres for Kids** Chair: Angela Johnston 474-5805 ext 712

Rotary Club of North Bay

**Kilometres for Kids!**

Saturday, March 13, 2010

**9 am start at North Bay Nordic Ski Club • 650 Northshore Road, North Bay**



Rotary Club of North Bay **Kilometres for Kids!** Saturday, March 13, 2010

This annual event raises **money to assist physically challenged kids** in North Bay and area. If you are not familiar with this program, every cent raised stays in the area and helps provide these children and their families with the resources to make their lives as normal as possible ... things like the purchase of specialized sports equipment or a wheelchair...or the construction of an access ramp. It is the mission of the Rotary Club of North Bay to see that no child is disadvantaged when all it takes is a little effort to provide a better lifestyle.

- The club has set its fund raising goal at \$4,500 this year, and asks that you invite all skiers to participate...and for them to **bring a friend or another family member**.
- Thanks to our generous sponsors, the **venue, skis and snowshoe equipment is provided** (to those who do not have access to equipment).
- There is **no required distance** to ski or snowshoe.
- Participants need only to arrive prior to 9:00 am on Saturday, March 13 at North Bay Nordic Ski Club on Northshore Road. To participate, a **\$10 donation** is expected per person, **or pledges collected totaling \$10 or more**.
- Receipts will be issued for pledge donations of \$10 or more.
- A **hot drink and cookie is provided to all participants** courtesy of the North Bay Rotary. There is also a **chance to win prizes** for participants collecting pledges. For every \$50 collected and turned in on March 13, your name is entered into the draw.

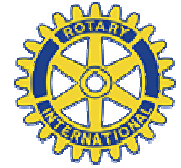
Join us for a **\$5.00 Omelet Station**...created by Sous Chef Eric Fleming. All proceeds from this gourmet breakfast will be donated to the Kilometres for Kids.

Angela Johnston  
Chair, Kilometres for Kids  
Rotary Club of North Bay  
705-474-5805 ext 712



Join us Saturday, March 13th at North Bay Nordic for...

## Omelet Breakfast Station



Only \$5.00 ... Fresh Omelets made to order,  
9 am - noon

created by *Joso's Best Western North Bay,*  
*Sous Chef Eric Fleming*

**You can help meet our target just by coming for breakfast ...**  
Proceeds from your breakfast will be donated to **Rotary's Kilometres for Kids**

## Ski or Snowshoe 9 am – noon

You determine your own distance and trails...it's a low impact morning of skiing or snowshoeing. No experience or equipment required! Bring your whole family!

### Collect Pledges...

For as little as \$10 in pledges you can ski or snowshoe to help raise the money needed to assist the work of Rotary here in North Bay and area. Every dollar raised goes toward the **Rotary for Kids** program.

or...

### Pay only \$10

**and ski or snowshoe!** Remember, all money collected goes directly to the **Rotary for Kids** program

### You could win...

For every \$50 you raise, your name is entered in a draw for a prize donated by Bigwood Sporting Goods, Best Western North Bay, Holiday Inn Express North Bay and Travelodge Airport North Bay. **All ski and snowshoe equipment and trail fees are provided by our sponsors... North Bay Nordic .**



For further information contact Rotary's Kilometres For Kids Chair: Angela Johnston 474-5805 ext 712

Rotary Club of North Bay **Kilometers for Kids** Saturday, March 13, 2010

**9:00 am start at North Bay Nordic Ski Club**  
**650 Northshore Road, North Bay**



## Rotary Club of North Bay Kilometres for Kids! Saturday March 13, 2010

**PLEASE PRINT CLEARLY AND COLLECT PLEDGES AT TIME OF SOLICITATION**

Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			
Last Name		First Name		Telephone No.	Pledge Amount	Receipt Required	Receipt #
Apt No	Street Address		City/Town	Postal Code			

**TOTAL**

Please collect all pledges prior to the event and bring the money to North Bay Nordic Saturday, March 13. Receipts will be issued for contributions of \$10.00 or more providing full name, address and postal code is included with each pledge. All cheques should be payable to "Rotary Club of North Bay".

Please tally only the donations collected before submitting this form and money on Saturday March 13, 2010. Only eligible forms submitted March 13, 2010 will be entered in the draw.

Fund Raisers Name / Team Name		
Address		
City/Town	Postal Code	Telephone No.



### Cross-Country Skiing & Snowshoeing BONUS!!!!

For every \$50 you collect or donate, your name will be entered in a draw for prizes donated by Bigwood Sporting Goods & others!

