

## SCHOOL GROUP DAY USE AND EQUIPMENT RENTAL FORM

Please list all students and adults who will be participating. For skiers and snowshoers requiring rentals fill in the following:

- shoe size
- ski size (see chart)
- pole size (see chart)
- snowshoes

### [school group day use and equipment rental](#)

This form should be sent to the club at the latest two days prior to the visit. Email to: [nbnordicgroupmemberships@gmail.com](mailto:nbnordicgroupmemberships@gmail.com)

Your student list and rental sizes will be on hand so the equipment can be ready for your group upon your next arrival. Please email us if there is a change in attendance.

If no equipment rental is required please check off the column next to the student's name. We require a record of all students for billing purposes.

## CLUBHOUSE GUIDELINES

- all student groups must be accompanied by responsible adults and supervised at all times both on the trails and in the clubhouse.
- group supervision ratio policy of NBNSC is 12 students to 1 adult.
- backpacks & boots are to be kept downstairs

- returned skis are to be placed with tips up and ski boots are to be placed upside down on the boot rack
- all equipment must be returned to the clubhouse before departure
- all garbage/litter is picked up and put in the appropriate containers
- please collect the equipment rental information cards for each student
- students are encouraged to bring water bottles

## SCHEDULING

It is important to let us know when your school would like to use the trails to make sure we have enough rentals and personnel on hand. Available dates are posted on the website [www.northbaynordic.ca](http://www.northbaynordic.ca) on the events calendar. To reserve a date, email the school liaison.

If your event is cancelled, please contact the club at (705) 495-0332 and notify the school liaison.



We will let you know if the trails are closed due to poor trail or weather conditions.

## SCHOOL GROUP RATES

A school can obtain a “school membership” from the North Bay Nordic Ski Club for an annual fee of \$150 +HST. This allows all students from your school to use our trails on school days as part of a school outing. This eliminates the need to pay trail fees. The membership fee is to be paid prior to the first visit to the club. A receipt will be provided to you upon payment.

## EQUIPMENT RENTAL

We have an adequate amount of equipment for rent for skiers of all sizes. Skate skis are not included in the rentals. A list of the rental inventory can be acquired by contacting the school liaison.

For school membership groups, a complete set of equipment (skis, poles and boots) is available at a cost of \$8 +HST per student. The rental fees for each student should be collected by the supervising teacher and paid to the Snack Bar Staff upon arrival. A receipt will be provided to you upon payment.



(if you are new to the sport choose a shorter ski)

**RECOMMENDED LENGTH OF SKIS & POLES**

Skier Height		Classic Poles	Classic Skis
cm	ft-in		
122	4'	90	120/130
	4'1"	90	120/130
	4'2"	90	120/130
130	4'3"	100	140/150
	4'4"	100	140/150
135	4'5"	105	140/150
	4'6"	105	140/150
	4'7"	105	140/150
142	4'8"	110	150/160
	4'9"	110	150/160
147	4'10"	115	160/170
150	4'11"	120	170/175
	5'	120	170/175
155	5'1"	125	175/180
	5'2"	125	175/180
160	5'3"	130	180/185
	5'4"	130	180/185
165	5'5"	135	185/190
	5'6"	135	185/190
170	5'7"	140	195/200
	5'8"	140	195/200
175	5'9"	145	200
	5'10"	145	200
180	5'11"	150	205
	6'	150	205
185	6'1"	155	205/210
	6'2"	155	205/210
191	6'3"	160	210
	6'4"	160	210
196	6'5"	165	210

**Your school liaison is Tracy Morin.**

*Please contact her at:*

[nbnordicgroupmemberships@gmail.com](mailto:nbnordicgroupmemberships@gmail.com)



North Bay Nordic Ski Club  
 630 Northshore Road  
 North Bay, Ontario  
 P1B 8G4

Contact us by telephone during  
 season hours: (705) 495-0332

or

email us:

[www.northbaynordic.ca](http://www.northbaynordic.ca)

# Nordic Ski School Membership Program

